

## Is there a charge for this service?

Yes and no. The first \$300.00 of the program of the school year is covered by the Algoma District School Board, as a service to our employees. Costs beyond the \$300.00 are the responsibility of each individual. Fee structures vary among referral agents so you may wish to compare costs.

## What is involved?

Simply pick up the telephone and call one of the phone numbers listed on the second page. Be sure to identify yourself as an employee of the Algoma District School Board to ensure proper billing and 24 hour service.

## Is the service voluntary?

Yes. The program is designed to help those individuals who wish to help themselves.



All Full and Part-time employees along with their families have access to the Employee Assistance Program. We are committed to providing a service to those who need it and help direct you to services which will assist you to deal with personal and work related problems. A reminder that this service is available 12 months of the year, including summer, and that the cost is covered by the Board for up to \$300.00 of the school year. Updated: September 2022

# Employee Assistance Program (EAP)



# EAP

Help. When you need it.

 Algoma District School Board

 Algoma District School Board

*Confident Learners, Caring Citizens*

September 2022

## PHILOSOPHY

The Algoma District School Board and the employee groups recognize that almost any human problem can be successfully and confidentially resolved with early intervention.

Help is available by contacting any one of our referral agents — all skilled and professional counsellors.

## Goals

**It is the goal of the Employee Assistance Program to retain valued employees by:**

1. providing a confidential, supportive system for employees and their families seeking help;
2. assisting employees and their families in accessing appropriate resources and services;
3. providing support services which allow individuals to achieve their maximum potential, unburdened by problems that interfere with performance.

## A Confidential Service

Use of the Employee Assistance Program is strictly confidential and anonymous. Only the referral agents are aware of the client's identity.

## Call in confidence to:

<u>Sault Ste. Marie</u> Algoma Family Services Community Wellness Partners Kerri Dool Patricia LeBel Sheila Paluzzi Karen Nixon Elysium Counselling Innerglow Integrative Therapy (innerglow.therapyclinic@gmail.com)	(705) 945-5050 (705) 206-4647 (705) 575-3298 (705) 206-1606 (705) 941-0647 (705) 206-4647 (705) 206-0869 (705) 255-1817
<u>Wawa</u> Algoma Family Services	(705) 856-2252
<u>Chapleau</u> Timmins Family Counselling Service—(serves Chapleau) Turning Point—Chapleau	(705) 267-7333 (705) 864-1919
<u>East Algoma</u> Counselling Centre of East Algoma (Elliot Lake & Blind River)	(705) 848-2585
Amanda Knuff (In person in Blind River or virtually)	(705) 849-3974 amanda.knuff@gmail.com



## Who can benefit from the program?

Anyone with unresolved problems that are interfering with job performance or personal well-being.

## What kind of problems?

Mental or emotional illness, financial problems, marital or family distress, alcoholism, drug abuse, legal problems, or other concerns.

## Is the referral or treatment service kept confidential?

Any contact with the referral agents is and will be treated in the strictest confidence. Only the referral agent will be aware of the identity of the user or the nature of the problem.

## How does one obtain assistance?

Call any of the referral agents. Often they can direct you to the appropriate service if they are not able to assist.

